

Finding our Ground - Advanced Eco-TA Programme 202/22

March 2021

Dear Colleague,

We are writing to those people who indicate an initial interest in being part of this follow-up course to the introductory programme in Eco-TA. We have had to consider a number of factors in thinking ahead, including the obvious on-going challenge of Covid restrictions.

A priority for us is that the whole programme is delivered in-person. We have taken the decision to go ahead with the programme but push the dates forward to maximise the likelihood of an in-person programme. In effect this simply means beginning the course with the existing dates from September 2021 and working on into 2022. The new set of dates, timings and venues are as follows:

Autumn Workshop

29th September 6pm - 8:30pm

30th September 10am - 5:30pm

1st October 10am - 5pm

Venue: Shining Cliff Woods, Ambergate, Derbyshire

Winter Workshop

15th December 6pm - 8:30pm

16th December 10am - 5:30pm

17th December 10am - 5pm

Venue: Mill House, Mill Hill, Earl Soham, Suffolk

Spring Workshop

8th March 6pm - 8:30pm

9th March 10am - 5:30pm

10th March 10am - 5pm

Venue: Shining Cliff Woods, Ambergate, Derbyshire

Summer Workshop

6th June 6pm - 8:30pm

7th June 10am - 5:30pm

8th June 10am - 5pm

Venue: Mill House, Mill Hill, Earl Soham, Suffolk

We ask you for a commitment to attend all dates

We will provide further details of accommodation options with other preparatory material to participants in due course. At present all workshops will be offered as non-residential although that may change as things develop through the year. We will be working within any current local Covid-19 guidelines at the time of each workshop - these will be clarified in advance a bit nearer the time.

Programme Content

Our intention in this extended time together is threefold:

- We want to deepen confidence and competence in developing the practice of Eco-TA
- We want to introduce the theme of leadership and facilitation in the field of Eco-TA
- We want to create opportunities for further developing the philosophy and theory of Eco-TA

We are also very much hoping to build on the emerging community of practice and a culture of collaboration in establishing the Eco-TA movement. In doing so we are wanting to track four interconnected strands during each of the seasonal workshops;

Ecological Practices: In the introductory course we shared a handful of ideas that can be useful in establishing ecological work. Now we want to expand the range and also begin to explore how 'practice' refers not only to interventions with clients but also to how we each follow **personal** practices. This is to support the internal work we will feature in the leadership strand and will include sufficiency, eco-biography, discipline and 'clean' practice. We will also continue our focus on the earth-body connection to further support and develop our ecological sensibilities.

Ritual: We want to delve more into the importance of ritual to Eco-TA and especially rite of passage stages; intention, severance, threshold and return. We will work more at depth with outdoor ceremony and storytelling. These elements will become more significant in elaborating the feature of ritual in our work together.

Leadership and facilitation: The field of Eco-TA needs leadership and we want to use part of our time in developing this, both individually and collectively. We will be 'lifting the curtain' on the how and why regarding course facilitation. We also want to invite you to lead in sharing practices from your own work as part of the programme.

Eco-philosophy and theory development: As well as the focus on improving practice, we want to further the conceptual development of Eco-TA. We anticipate sharing more theory than in the introductory course as well as creating space for participants to test out emergent ideas.

Cost & payment

The cost of the programme is **£975** - please Email Eleanor our administrator at centrefornaturalreflection@gmail.com for booking form and details on how to pay.

We need a non-refundable deposit of £150 to reserve your place for this group