

# Becoming Ecological

*Making a Home in the World*

Facilitated by  
Giles Barrow & Hayley Marshall

2025-2026



This programme of four stand-alone 3-day workshops tracks the seasons and is for human relations practitioners seeking to develop their work with clients across all fields of application and theoretical modalities. The purpose of the programme is to deepen personal and collective ecological conversations and build confidence for working within the ecological domain. The workshops will be based at Mill House Farm, Suffolk, and incorporate site visits to a variety of local terrain, including ancient woodland, coastal and suburban spaces. We aim to work exclusively outdoors in these places incorporating the intelligence of our more-than-human kin.

The programme will address the 'Western question' - how might we return to our ecological being in the world, living our biological reality, rooted in the living systems of the earth? In other words, how to be at home in the wider world of the non-human domain? As practitioners we will have the additional question – what does this mean for our work with clients?

In each of the 4 workshops we will focus on how to listen convivially, opening and holding the vital space, then how to help our 'clients' work with the ensuing ecological process. Each workshop will focus on an important practice theme

- **Workshop 1** - Receiving – the ecological body
- **Workshop 2** - Holding – tending the hygiene of the work
- **Workshop 3** - Story & Symbol– a taste of the mythic realm,
- **Workshop 4** - Ecological Process – entering the flow

We aim to unpack these topics in nuanced detail and offer skills for personal and professional practice. The format will involve extensive outdoor immersion linked with fireside teachings, and discussion.

In terms of scholarship, the programme will feature the theory, methodology and practice of both facilitators and other leading thinkers in the ecological field. The emphasis is on widening the horizon from which we draw our source material to foster rooted new practices.

**The dates/venues for the programme are:**

**Workshop 1:** 2pm Monday 1st September 3pm - Weds 3<sup>rd</sup> Sept

**Workshop 2:** 2pm Wednesday 17<sup>th</sup> December 3pm - Friday 19<sup>th</sup> December

**Workshop 3:** 2pm Wednesday 4<sup>th</sup> March 3pm - Friday 6<sup>th</sup> March

**Workshop 4:** 2pm Wednesday 3<sup>rd</sup> June – Friday 5<sup>th</sup> June

Camping onsite, as well as bunking down in the yurt or granary – available at no extra charge.

**Cost - £320 per workshop  
£1,125 for all four workshops (if booked together)**

Places are limited to 14.

**For all enquiries and to book please email  
[giles.barrow@gmail.com](mailto:giles.barrow@gmail.com)**