

Introducing Eco-TA

8th - 10th April 2024

Mill House, Earl Soham, Suffolk
Facilitated by Giles Barrow & Hayley Marshall

Eco-TA is an approach to TA practice with the earth in mind. This course offers an innovative introductory programme into ecotherapy and holistic education practice and theory for TA practitioners.

Participants will be given opportunities to explore how nature, landscape and environment can provide powerful agency into clinical, organisational, and educational practices.

Whilst ecotherapy and holistic education have been around for some years, they have remained outside of mainstream TA theory and practice.

We see this programme being at the growing edge in terms of integrating these timely, earth-spirit based themes into the work of the TA practitioner. Whether it's with a view to healing trauma with clients, building connection to natural agency, or promoting holistic development through learning, this programme will engage the practitioner with the outdoors, as classroom or therapy space, or perhaps something quite new entirely.

Eco-TA was introduced in 2019 and since then we have offered several introductory and advanced programmes both in-person and on-line. This introductory course is designed for practitioners who have already been developing outdoor practice with clients or are considering doing so. It will be suitable for human relations practitioners regardless of field of application, qualification, or experience. Only a basic level of TA knowledge is required.

Each workshop involves spending extended time outdoors, as well as working within small group and plenary formats, combining experiential and taught input. Topics will include working with protocol, symbolic movement and experience, script, liminality, ritual, story storytelling and the clarification of vocational purpose, all in relation to an ecological perspective.

Dates & Times

8 - 10 April 2024

Arrive from noon on Monday; programme starts at 2pm.

Tues 9am - 5:30pm

Wednesday - 9 am - 3pm.

Venue

Mill House is a smallholding in East Anglia. Nearest station - Stowmarket (+20mins taxi/lift to Mill House). Post code: IP13 7RP

Fee £260

For all enquiries & bookings, please email Hayley.

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For more details about Eco-TA visit: ecoTA.dev