



Spinning Yarns with **Sue Eusden & Giles Barrow**



Mill House, Suffolk

We are delighted to announce a new storytelling programme for 2026. It will be held across four workshops spanning each season and we invite you to jump aboard for the full series to dig deep and have the stories have their way.

Our approach to telling tales, strongly influenced by Martin Shaw's School of Myth, is rooted in the belief that stories hold good medicine for when we need it and offer a compass as we navigate troubled times such as these.

We set out to cultivate a way of listening to myth and story that opens us up, enables an unfolding which by doing so helps us find our home in the world. We will be offering an incremental path for those that want to create a personal practice based on deep listening to story which can be undertaken outside of the sessions. There will be some light touches of scholarship along the way, light heartedness amidst the breaking open of the work of psyche and soul and good company to lean into.

Whether you see yourself as new to this territory, a novice teller, or experienced with tussling with tales, these weekends will keep your eye on what's involved in living the storied life.

Practicalities:

Dates:

13 - 15 March

8 - 10 May

17 - 19 July

23 - 26 Oct



We gather from 5pm on the Fridays, and open with a story from 6pm til around 7:30. We finish by 3pm on the Sundays. Refreshments provided. Bring your own lunches. Staying over on-site is available by prior arrangement.

Cost:

£840 for all four sessions OR

£250 to 'pay as you go' for individual weekends.

Indicative content and themes for each weekend will follow post-registration.

To reserve your place contact Sue at: smeusden@gmail.com