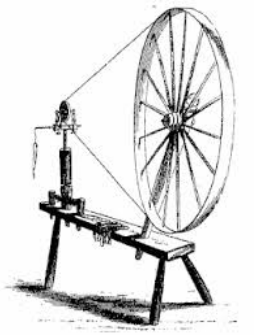
Spinning Yarns '27

with

Sue Eusden & Giles Barrow

Mill House, Suffolk



We are delighted to announce a new storytelling programme for 2027. Over the course of the year the stories will accompany us as we travel across the four directions - North, South, East and West. Each workshop will focus on one direction in both geographic and symbolic terms. We will visit the frozen East, the summer of the South, the wandering in the West and the discipline of the North. We will meet the supernatural, the romantic, the darkness and light, gathered amongst the creaturely and peopled world. As in previous years, our tellings scale the mythic and drop into the smaller tales that all make for a storied life.

Our approach to telling tales is rooted in the belief that stories hold good medicine for when we need it and offer a compass as we navigate troubled times. We bring insights from our own teacher-tellers, alongside our experiences in the fields of psychotherapy and education. Matters of the psyche and soul meet the ecological realm as we listen to the ancestors arising from the old tales.

We set out to cultivate a way of listening to myth and story that opens us up, enables an unfolding which, by doing so, helps us find our home in the world.

Dates:

12 - 14 February – North

To travel North is to engage with adult mind and thought, dedicated to service and duty on behalf of community. It is the direction of winter and the element of air. We will be met by mythic material that carries a scent of the North Sea and lands where there be dragons….



7 - 9 May – East

Eastward is spring, the thin time between life and death - the elder. Spirit and fire combine to conjure vision and transformation. Our stories reach far out to Siberia weaving the village with the forest to renew the culture of the world.

25 - 27 June – South

To be in the South is to be with the child, youthful energy, emotions and the body. It is the summer season and the element of earth. We'll delve into the realm of romance with a tale that wrestles with love, betrayal, friendship and magic.

22 - 24 October – West

To go West is to enter the shadow and adolescent energy - it is full of feeling and introspection. The season is autumn and the element is fire and our stories will be gathered from the Celtic tradition and wrestle with the challenge of initiation.

We will be offering an incremental path for those that want to create a personal practice based on deep listening to stories which can be undertaken outside of the sessions. There will be some light touches of scholarship along the way, light heartedness amidst the breaking open of the work of psyche and soul and good company to lean into.

We invite you to jump aboard for the full series to dig deep and have the stories have their way. Whether you see yourself as new to this territory, a novice teller, or experienced with tussling with tales, these weekends will keep your eye on what's involved in living the storied life.

Timings:
We gather from 5pm on the Fridays, and open with a story from 6pm til around 7:30.
We finish by 3pm on the Sundays. Refreshments provided. Bring your own lunches.
Staying over on-site is available by prior arrangement.

Cost:
£840 for all four sessions OR £250 to 'pay as you go' for individual weekends.
We ask for a non-refundable deposit on booking of £100 for all four sessions or £50 for an individual weekend.

To reserve your place contact Sue at: smeusden@gmail.com